

# Community Citizens Training Program:

Designed to strengthen  
capacity to engage with  
power structures &  
achieve positive change.

Tanya Owen - Community Capacity Building Team  
National Conference, 6-8 November, 2019



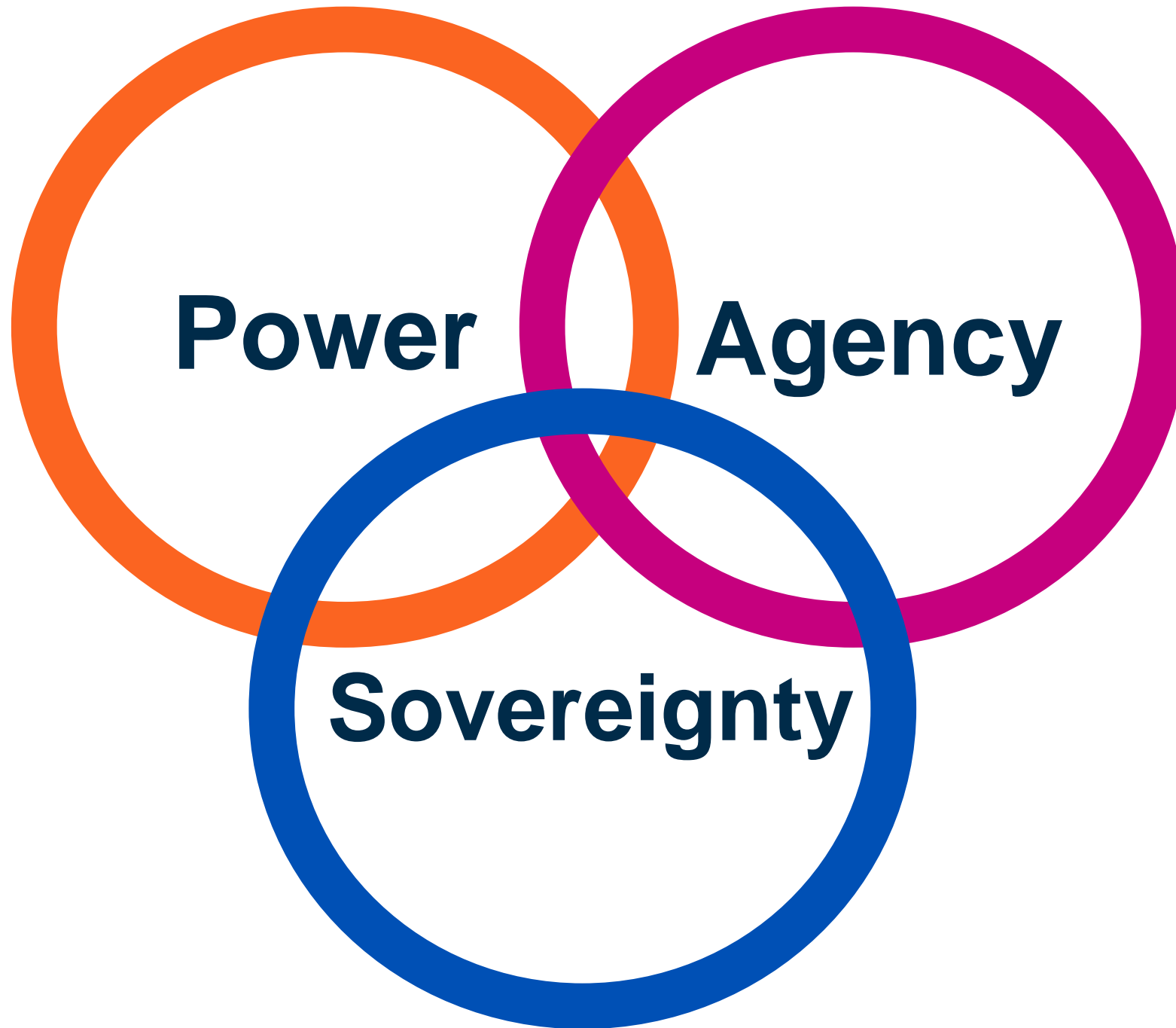
**For  
Everyone  
& Anyone**



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**Core  
Concept**





**Power**

**Agency**

**Sovereignty**

# Active Citizenship – Traditional Framing

- Low levels of political knowledge, interest in the traditional political system, & both low and falling levels of conventional civic participation.
- Narrow definition of active citizenship – voting, membership of political parties/unions, public consultations, speaking to elected Representatives
- Traditional education responses seeking to increase knowledge of Australia’s democratic system and structures – traditional politics, facts and figures
- Maintaining “Healthy democracy”
- Assumes increased knowledge of facts of system of democracy will lead to increased (conventional) political participation.



# What is missing?

When disengagement from traditional political participation has persisted...

- Facts alone do not automatically lead to a change in behaviour
- Failure of system? – Address systemic barriers & “Why bother” perspective
- “Healthy democracy” vs “Healthy Society” – People live in more than a democracy
- Cherry-picking meaning of active citizenship
- Civic is more than just traditional political space – civic activity encompasses the social, economic and cultural spheres of life.
- View: People are producers as well as products of their environment – can do this unconsciously or consciously
- **Psycho/social element to participation is ignored – Agency is fundamental to wellbeing & participation, is affected by environment, and requires more than facts to develop.**



People **take action**, and  
**persevere** in the face of  
difficulty, when they **believe**  
they **can** have impact –  
**“make a difference”**.



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# Agency & Empowerment

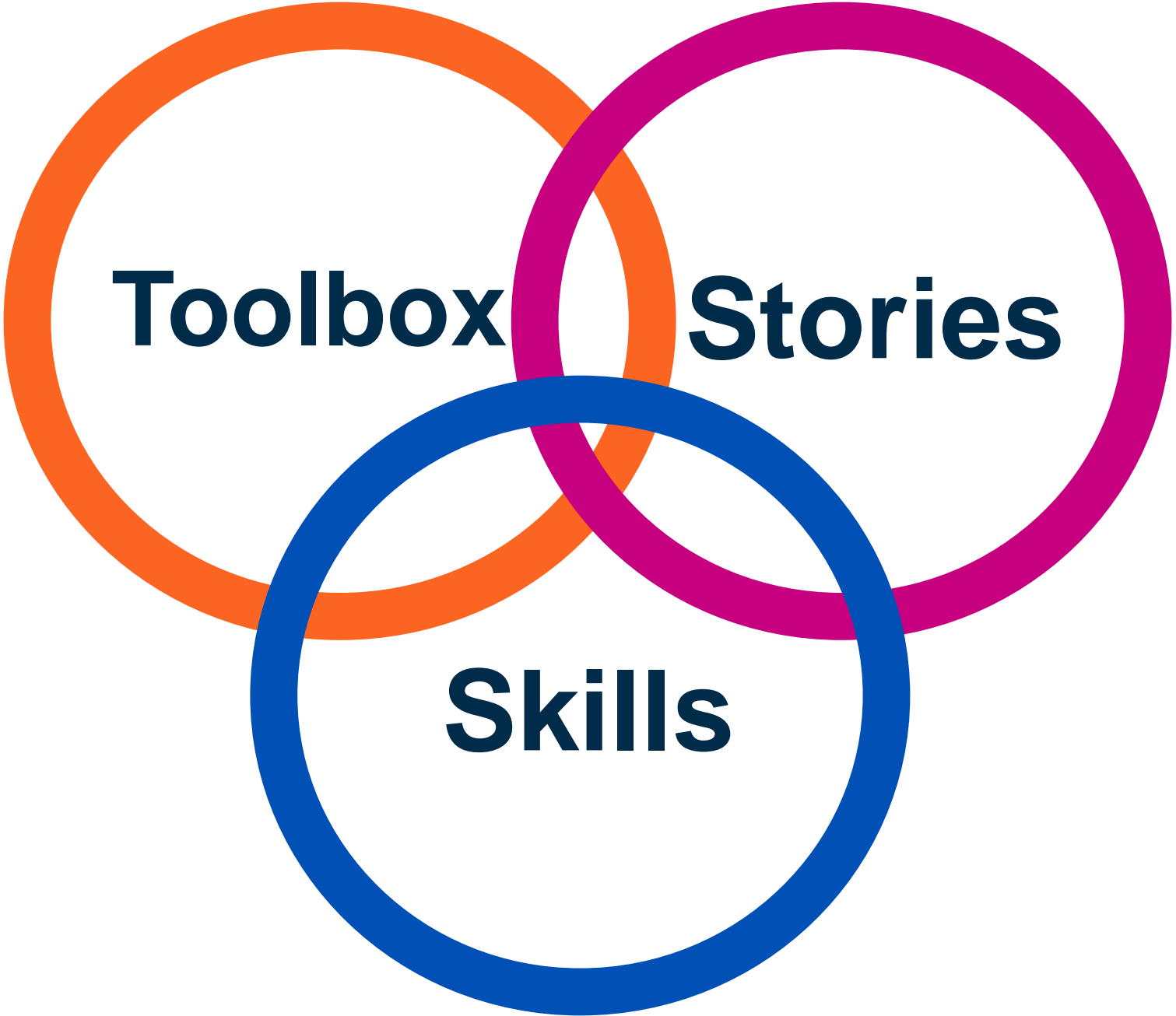
Social Cognitive Theory (Bandura), Liberation Psychology (Zimmerman & Rappaport), Socio-Political Development Theory (Watts, Williams, Guessous)

- Empowerment (to participate) – a process/outcome of individuals gaining control over their own lives, and democratic participation in the life of their community.
- Empowerment is a realisation of agency – and personal sovereignty – necessary for building capacity for action to create positive change.
- A sense of personal efficacy is integral – plus a willingness to take action and a critical understanding of the environment.
- Active Citizenship – intrinsically tied to personal and collective agency.

- ✓ **Capacity to analyse power & authority**
- ✓ **Know the status quo can be questioned - analysed for efficacy and subject to change**
- ✓ **Believe it CAN be done**
- ✓ **Practice civic action with purpose**



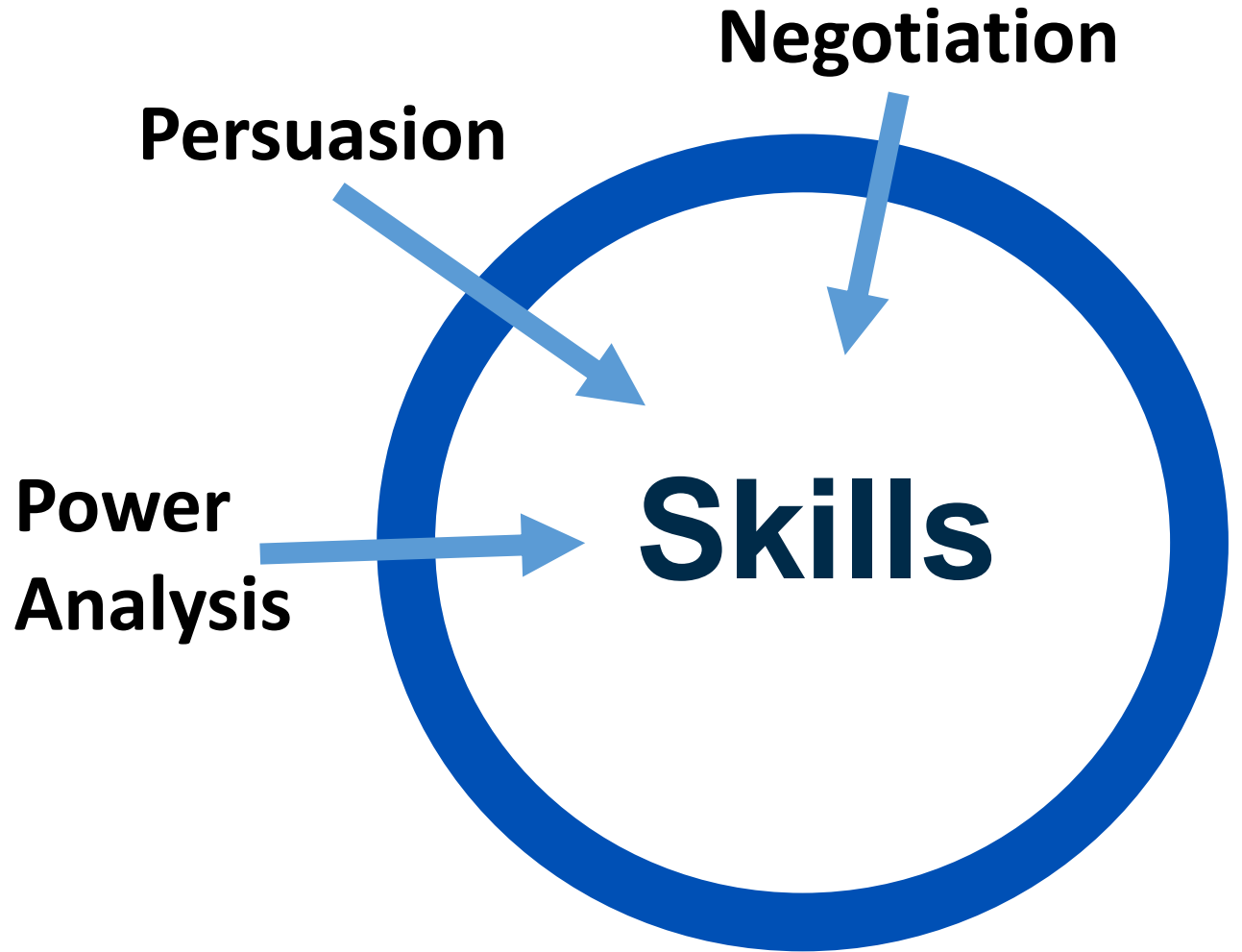
**Program  
Content**



**Toolbox**

**Stories**

**Skills**





# Stories

- Relevant, real-life stories of everyday people
- Large scale & small scale action and change
- Demonstrate
  - Complexity
  - Collaboration
  - Different sources of power
  - Use of toolbox
  - Issue of time
- Opportunity to educate on how certain systems actually work (political, legal)
- Opportunity to analyse power, and learn from others.

# Eddie Mabo and Native Title

- Q - What was the problem faced/experienced by Mabo and his people?  
- What needed to change - that would provide a long-term solution?

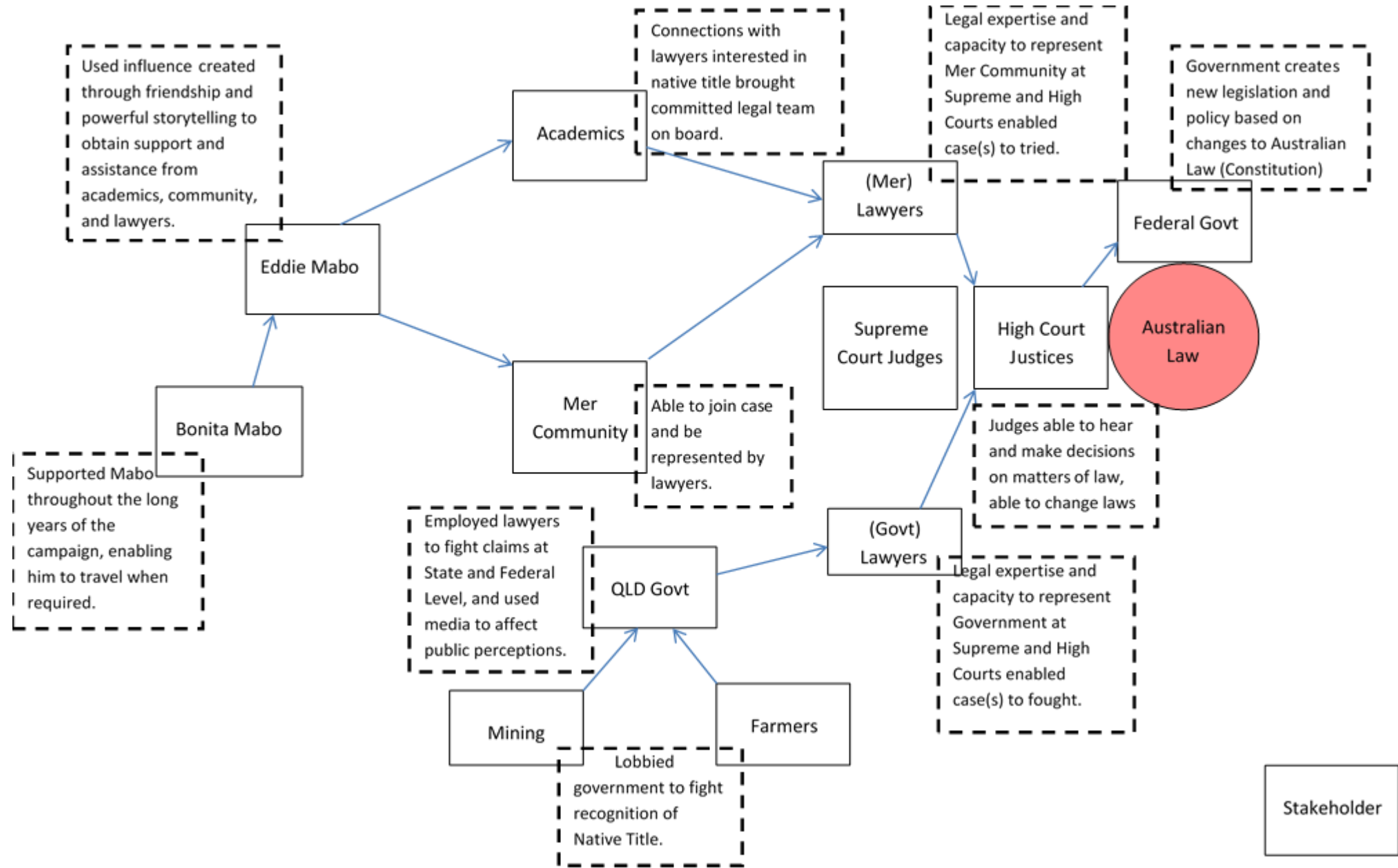
Identify the key stakeholders

For each stakeholder:

- What types of power do they hold (according to power matrix on wall)?
- What did they want to happen – their goal?
- Who has the (direct) power to make that happen? (stakeholder)
- Who did they connect with to achieve their goal?
- What strategies did they use to use / increase their power and get the results they wanted – including who they influenced / joined in action with?
- On what power levels did they act (according to power matrix)?



# Power Map Example – Eddie Mabo and Campaign for Native Title



# Evaluation

Survey (perceived) change to:

- Skills
- Knowledge
- Confidence

Also ask:

- What has been the biggest change for them (personally)?
- What did they value the most?



# Practice (Service/Project-based learning)

Councils are in a unique position to provide ongoing opportunities for further skills development, project support and mentoring.

Real-life learning opportunities to put what they have learned to the test, and to workshop challenges faced with someone who has expertise/experience or who can suggest someone who does.



# Questions?

Tanya Owen

Community Capacity Building Officer

[towen@cityofparramatta.nsw.gov.au](mailto:towen@cityofparramatta.nsw.gov.au)



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