Epping Aquatic Centre Lap Lane Availability

Pool lane availability is subject to change & demand,

50m Pool

Epping Aquatic Centre

please call the centre prior to visiting on 9806 5633

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Time	,	,	,	•	•	•	,
530	6	CLOSED	6	CLOSED	6	CLOSED	CLOSED
600	6	CLOSED	6	CLOSED	6	CLOSED	CLOSED
630	6	CLOSED	6	CLOSED	6	CLOSED	CLOSED
700	6	CLOSED	6	CLOSED	6	CLOSED	CLOSED
730	6	CLOSED	6	CLOSED	6	CLOSED	CLOSED
800	6	CLOSED	6	CLOSED	6	4	4
830	6	6	6	6	6	2	4
900	6	6	6	6	6	2	4
930	6	6	6	6	6	2	4
1000	CLOSED	6	CLOSED	6	CLOSED	3	2
1030	CLOSED	6	CLOSED	6	CLOSED	3	4
1100	CLOSED	6	CLOSED	6	CLOSED	4	4
1130	CLOSED	6	CLOSED	6	CLOSED	4	4
1200	CLOSED	6	CLOSED	6	CLOSED	CLOSED	CLOSED
1230	CLOSED	6	CLOSED	6	CLOSED	CLOSED	CLOSED
1245	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1300	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1330	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1400	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1430	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1500	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1530	CLOSED	5	CLOSED	5	CLOSED	CLOSED	CLOSED
1600	CLOSED	5	CLOSED	5	CLOSED	CLOSED	CLOSED
1630	CLOSED	1	CLOSED	2	CLOSED	CLOSED	CLOSED
1700	CLOSED	2	CLOSED	2	CLOSED	CLOSED	CLOSED
1730	CLOSED	2	CLOSED	2	CLOSED	CLOSED	CLOSED
1800	CLOSED	5	CLOSED	5	CLOSED	CLOSED	CLOSED
1830	CLOSED	5	CLOSED	5	CLOSED	CLOSED	CLOSED
1845	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1900	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1915	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1930	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
2000	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Epping Aquatic Centre Lap Swimming Etiquette

We ask that all visitors to Epping Aquatic centre observe the following guidelines for a safe and enjoyable swimming enter 1. Please choose the lane most suitable for your swimming ability and stroke(s) you intend to swim during your visit. If please speak with one of our Lifeguards before you enter the pool. The following is a guidleine of lane suitability:

Slow Lane: Laps slower than 60 seconds.

Medium Lane: Laps slower than 45 seconds.

Fast Lane: Laps faster than 40 seconds.

These times are a guide only, the Lifeguards will monitor the lanes according to the abilitites of the swimmers and may request that you move to a more suitable lane.

- 2. Keep to the left of the lane.
- 3. In order to pass a swimmer in front, swim past on the right, above the lane on the bottom of the pool.
- **4.** If you have to move across any lanes please check both directions before moving. Please go under the lane ropes rather than over them.
- 5. Move to the corners of the lanes to allow other swimmers to continue swimming laps if you are waiting at the end of the pool.