



# Multicultural LGBTIQA+ Support Directory

**Groups and services that can help  
you across Sydney, NSW**

Funded by



**Advance  
Diversity  
Services**




**CALD GAY MEN'S  
Action Group**




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If you would like more information please contact Advance Diversity Services

 [info@advancediversity.org.au](mailto:info@advancediversity.org.au)

 9597 5455

Throughout this directory you will notice red, blue, yellow and green dots next to each of the services or groups. This is what they indicate:

**Red dot:**  
LGBTIQA+ specific.

**Blue dot:**  
LGBTIQA+ friendly.

**Yellow dot:**  
Culturally and linguistically diverse (CALD) specific.

**Green dot:** CALD friendly.

This directory is a consolidated version of the Rainbow Cultures online directory, visit [www.rainbowcultures.org.au](http://www.rainbowcultures.org.au)

To get the latest updates about events from community groups, visit [www.facebook.com/rainbowcultures](https://www.facebook.com/rainbowcultures)

# Introduction

This directory has been compiled to provide information for people who identify as lesbian, gay, bisexual, transgender, queer, intersex, asexual and including all minority sexual and gender identities, as well as atypical biological sex (LGBTIQA+). This resource contains information related to religious groups, cultural groups and sporting groups that are specifically for LGBTIQA+ individuals, with the aim of providing assistance and social support in Sydney, New South Wales, Australia.

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We would like to acknowledge the Traditional Custodians of this land as the Bidjegal/Bidjigal/Bedegal and Gadigal/Cadigal people of the Eora nation and pay our respects to Elders both past and present. We would like to extend this acknowledgment to those identifying as LGBTIQA+.

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# Aged Services





## Pride in Health + Wellbeing



9206 2139



[pride@acon.org.au](mailto:pride@acon.org.au)



414 Elizabeth Street, Surry Hills



[www.prideinhealth.com.au](http://www.prideinhealth.com.au)



[@prideinhealth.com.au](https://www.facebook.com/prideinhealth.com.au)




[@prideHW](https://twitter.com/prideHW)

Pride in Health + Wellbeing is a not-for-profit, LGBT-inclusive, service delivery support program specifically designed to assist Australian organisations in the health and wellbeing sector in all aspects of lesbian, gay, bisexual, gay and transgender (LGBT) inclusive service delivery. Organisations belonging to the Pride in Health + Wellbeing program contribute to the overall wellbeing of LGBT people through the ongoing provision of safe and inclusive services and gain a greater understanding of the challenges faced by LGBT individuals in accessing health and human services.



# Cultural Groups

## Asylum Seekers Centre – LGBTIQ Community Support

 9078 1900


 [LGBTIQpeersupport@asylumseekerscentre.org.au](mailto:LGBTIQpeersupport@asylumseekerscentre.org.au)

 [www.asylumseekerscentre.org.au](http://www.asylumseekerscentre.org.au)

These anonymous, after-hours, LGBTIQ peer-support meetings are for people seeking asylum and living in NSW. Support also includes:

- Information about LGBTIQ-friendly lawyers, health professionals, caseworkers and employment services.
- Referrals to housing providers, counsellors and other assistance.
- Free community and social events.


## ACON Asian Gay Men

 9206 2080

 [asia@acon.org.au](mailto:asia@acon.org.au)

 Level 3, 414 Elizabeth Street, Surry Hills

 [www.acon.org.au](http://www.acon.org.au)

 [@ACONAsianGayMensHealth](https://www.facebook.com/ACONAsianGayMensHealth)

The ACON Asian Gay Men's network is for gay men from all Asian cultural backgrounds. It provides a safe space and coordinates a range of workshops, social events, forums and other activities.

## ANTRA – Australia and New Zealand Tongzhi Rainbow Alliance

 [info@antra.org.au](mailto:info@antra.org.au)

 [www.antra.org.au](http://www.antra.org.au)

 [@antra.org.au](https://www.facebook.com/antra.org.au)

ANTRA is a not-for-profit for Mandarin- and Cantonese-speaking LGBTIQ+ people in Australia.

## ConversAsians & SocialisAsians

 [@groups/ConversAsians](https://www.facebook.com/groups/ConversAsians)

 [@groups/SocialisAsians](https://www.facebook.com/groups/SocialisAsians)

ConversAsians and SocialisAsians were founded in 2016 as part of ACON's Asian Gay Men's project. Events are usually held at ACON's premises near Central Station and outdoor events are held throughout Sydney. To join please go to the Facebook groups.

ConversAsians is a peer-led discussion group for Asian gay men. The group usually meets every two months to discuss topics relevant to Asian gay men, organised by volunteer facilitators. Topics are tailored to the Asian gay community and range from discrimination, sexual health, relationships, to mental wellbeing. ConversAsians is a peer support group for Asian gay men.

SocialisAsians is a social events group for gay Asian men and allies based in Sydney. The group holds a variety of volunteer-run events every couple of weeks, such as:

- Monthly boardgame nights (usual attendance between 50-100).
- Dance classes, hikes and outdoor activities.
- Pub nights and pot-lucks.
- Regular new events are created, depending on the interests of the group.
- SocialisAsians is open to Asian gay men and allies.



## FOBGAYS+

 [@fobgays](https://www.facebook.com/fobgays)

 [@fobgays](https://www.instagram.com/fobgays)

FOBGAYS+ is a community organisation that stands for Friends and Family of Brown Gays, Lesbians, Trans and Queer+ people. It works to bridge the divide between queer South Asian people, allies, and 'broader' society. In doing this, it also wants to provide a platform for people to bridge other social divisions related to gender, generational gaps, South Asians and 'mainstream' Australia, and more.

It does this through:

- Conversations (online and offline).
- Events, videos, resources, and online community.
- Mardi Gras events.
- Collaborations with other organisations and people in its community.

## SheQu

 [shequgroup@gmail.com](mailto:shequgroup@gmail.com)

 C/o Conscious Money, Level 32, 200 George Street, Sydney

 [www.shequgroupinc.org](http://www.shequgroupinc.org)


 [@SheQuGroup](https://www.facebook.com/SheQuGroup)

 [@shequgroup](https://twitter.com/shequgroup)

 [@shequgroupinc](https://www.instagram.com/shequgroupinc)

This not-for-profit organisation encourages, empowers and enables LGBTIQ+ women and non-binary people from culturally and linguistically diverse (CALD) backgrounds through health, advocacy and financial literacy workshops, and events that foster social connection.

## Sydney Queer Irish

 [sydneyqueerirish@gmail.com](mailto:sydneyqueerirish@gmail.com)

 [www.sydneyqueerirish.com](http://www.sydneyqueerirish.com)

 [@SQIrish](https://www.facebook.com/SQIrish)

 [@SydQueerIrishsqirish](https://twitter.com/SydQueerIrishsqirish)

 [@sqirish](https://www.instagram.com/sqirish)

Sydney Queer Irish is a social group for Irish people who identify as LGBTQIA+ and who live in, or are passing through, Sydney. The group holds various events throughout the year.

## Trikone Australasia

 [info@trikone.org.au](mailto:info@trikone.org.au)

 [www.trikone.org.au](http://www.trikone.org.au)

 [@TrikoneAustralasia](https://www.facebook.com/TrikoneAustralasia)

 [@TrikoneAU](https://twitter.com/TrikoneAU)

 [@trikone.australasia](https://www.instagram.com/trikone.australasia)

Trikone Australasia is a Sydney-based community organisation that provides social support and a safe, nurturing environment for LGBTQIA+ people of South Asian origin living in Australia.

## Selamat Datang Indonesian Community (SDIC)

 [selamatdatangcommunity@gmail.com](mailto:selamatdatangcommunity@gmail.com)

 [@groups/selamatdatangcommunity](https://www.facebook.com/groups/selamatdatangcommunity)

Selamat Datang - Supporting Our Indonesian Community (SDIC) was created to show support for the LGBTI community in Indonesia through participation in the annual Sydney Mardi Gras Parade and organising events where group members could network, socialise, form new friendships and feel supported. The group has:

- Participated in fundraising for organisations on the ground in Indonesia which support the LGBTI community.
- A longstanding focus on how to assist organisations in Indonesia that support people living with HIV/AIDS.
- Been a major sponsor of events in Indonesia which support and empower young LGBTI Indonesians.

SDIC has always been a community group for LGBTI Indonesians but is open to anyone who supports what the group does for its community and what it stands for.





# **Festivals and Events**

## Parramatta Pride Picnic

 [parramattapride12@gmail.com](mailto:parramattapride12@gmail.com)

This rainbow-coloured day of fun and pride for the whole family is held by the river in Parramatta. It features stalls, entertainment, drag, food trucks, rainbow kids' activation, the Team Sydney sports village, charity barbecue, face painting, yoga, sports exhibitions, DJs and a fully licensed bar.

## Queer Screen

 9280 1533

 [admin@queerscreen.org.au](mailto:admin@queerscreen.org.au)

 [www.queerscreen.org.au](http://www.queerscreen.org.au)

 [@queerscreen](https://www.facebook.com/queerscreen)

 [@Qscreen](https://twitter.com/Qscreen)

 [@queerscreen](https://www.instagram.com/queerscreen)

Queer Screen celebrates the diversity of sexualities and gender identities through queer storytelling on screen. It runs a program for the Sydney Gay and Lesbian Mardi Gras, and has various screen events throughout the year.

## Sydney Gay and Lesbian Mardi Gras



9383 0900



[reception@mardigrasarts.org.au](mailto:reception@mardigrasarts.org.au)



[www.mardigras.org.au](http://www.mardigras.org.au)



[@sydnymardigras](https://www.facebook.com/sydnymardigras)



[@sydnymardigras](https://twitter.com/sydnymardigras)



[@sydnymardigras](https://www.instagram.com/sydnymardigras)

The annual Mardi Gras is the most comprehensive and interactive LGBTIQA+ event in Sydney, and includes the famous Parade, Fair Day, films, cultural events, art, comedy and theatre.





## Wear It Purple Day

 [contact@wearitpurple.org](mailto:contact@wearitpurple.org)

 [www.wearitpurple.org](http://www.wearitpurple.org)

 [@wearitpurple](https://www.facebook.com/wearitpurple)

 [@WearitPurple](https://twitter.com/WearitPurple)

 [@wear\\_it\\_purple](https://www.instagram.com/wear_it_purple)


Wear It Purple Day is about showing rainbow young people and the broader community that LGBTIQ+ young people have a right to be proud of who they are. It's a rainbow youth-led event, in which all young people can be involved. The organisation behind Wear It Purple Day, goes beyond the day itself, and includes a Youth Action Council (YAC), which LGBTIQ+ young people are encouraged to be part of. The YAC meets monthly in Sydney to discuss and direct organisational activities. Visit the website for resources, posters, information about educational workshops, and Wear It Purple merchandise.

# Health Services

**ACON, LGBTIQ+friendly GP contacts** 

[www.acon.org.au/what-we-are-here-for/sexual-health/#gay-friendly-gps](http://www.acon.org.au/what-we-are-here-for/sexual-health/#gay-friendly-gps)

## Qlife ●

 1800 184 527

 [ask@qlife.org.au](mailto:ask@qlife.org.au)

 [www.qlife.org.au](http://www.qlife.org.au) (online chat available)

 [@qlifeaus](https://www.facebook.com/qlifeaus)

QLife is an Australia-wide counselling and referral service for people who are lesbian, gay, bisexual, transgender, and intersex. It provides early intervention and peer-supported telephone and web-based services to people of all ages across the full breadth of people's bodies, genders, relationships, sexualities, and lived experiences.

QLife enables communities to work towards their own better health outcomes by providing a place to talk about mental health, relationships, isolation, coming out and a whole host of other concerns.

Operating hours are 3pm to midnight daily.

## Sexual Health Infolink



1800 451 624



[www.shil.nsw.gov.au](http://www.shil.nsw.gov.au)

The Sexual Health Infolink is a NSW Ministry of Health funded telephone and internet based information and referral service.

It has been operating since 1989 and is staffed by specialist sexual health nurses. Their aim is to promote the sexual health of the NSW community through providing accurate and timely information and referral options. In particular, the service specialises in HIV and STI risk assessment, testing, treatment and support. They also provide specialist support to nurses, doctors, counsellors and other professionals who are caring for people with sexual health problems.


Sexual Health Info Link has:

- Testing options and specialist services.
- HIV and STI prevention information.
- Support for health professionals.

## Sydney Transgender and Diversity Counselling ●

 0414 101 429

 [anthony@transgendercounselling.com.au](mailto:anthony@transgendercounselling.com.au)

 4/26 Sparkes Street, Camperdown

 [www.transgendercounselling.com.au](http://www.transgendercounselling.com.au)


 [@sydneytranscounselling](https://www.facebook.com/sydneytranscounselling)


Sydney Transgender and Diversity Counselling provides counselling services for individuals, families and couples affected by gender diversity. In addition to individual sessions, it provides a range of services, including group therapy, couples counselling, and education sessions for employers.


## a[TEST]


 9206 2000

 [atest@acon.org.au](mailto:atest@acon.org.au)

 NEWTOWN: 222 King Street  
Monday, Tuesday and Thursday 3pm – 7pm

 KINGS CROSS: 180 Victoria Street  
Saturday 3.30pm – 6.30pm

 DARLINGHURST: 167 Oxford Street  
(wheelchair accessible)  
Monday – Friday 11am – 6.15pm  
Saturday 11.30am – 2.15pm

 SURRY HILLS: 414 Elizabeth Street  
(wheelchair accessible)  
Wednesday and Thursday 2.30pm – 6.30pm

 [www.endinghiv.org.au/test-often/book-a-test](http://www.endinghiv.org.au/test-often/book-a-test)


a[TEST] is a fast, free and confidential rapid-HIV and STI testing service for gay, bisexual and other men who have sex with men, regardless of HIV status. It is offered in four locations across Sydney: Surry Hills, Oxford St (Darlinghurst), Newtown and Kings Cross. Peer educators and nursing staff provide a friendly, welcoming and professional testing experience, which takes around 30 minutes, including getting the rapid-HIV test results. Getting tested more often is good for each person's health, and can help the community end new HIV transmission.



## Check OUT clinic – ACON

 9206 2000


 [checkout@acon.org.au](mailto:checkout@acon.org.au)

 ACON, 414 Elizabeth Street, Surry Hills

 [www.theinnercircle.org.au/check-out-clinic](http://www.theinnercircle.org.au/check-out-clinic)

Check OUT is a free and confidential sexual health and cervical screening clinic for LGBTIQ+ people, run by and for community.

## Positive Life NSW

 9206 2177 or 1800 245 677 (freecall)

 [contact@positivelife.org.au](mailto:contact@positivelife.org.au)

 Suite 5.2, Level 5, 414 Elizabeth Street, Surry Hills

 [www.positivelife.org.au](http://www.positivelife.org.au)

 [@PositiveLifeNSW](https://www.facebook.com/PositiveLifeNSW)

 [@positivelifensw](https://twitter.com/positivelifensw)

 [@positivelifensw](https://www.instagram.com/positivelifensw)

Positive Life NSW works to promote a positive image of people living with and affected by HIV with the aim of eliminating prejudice, isolation, stigma and discrimination. It provides information, targeted referrals and advocate to change systems and practices that discriminate against people living with HIV (PLHIV), their partners, friends, family and carers in NSW.

# Intersex Services





## Intersex Peer Support Australia (IPSA)

 [info@isupport.org.au](mailto:info@isupport.org.au)

 [www.isupport.org.au](http://www.isupport.org.au)

 [intersexpeersupport](https://www.facebook.com/intersexpeersupport)

IPSA tackles stigma and misconception surrounding intersex through education and advocates on issues affecting the wider intersex community. It works towards improving affirmative healthcare, fostering intersex pride, strengthening intersex community, and deepening social culture. IPSA is a peer-led, not-for-profit, intersex organisation and a registered health-promotion charity.

## Intersex Human Rights Australia (IHRA)

 [info@ihra.org.au](mailto:info@ihra.org.au)

 [www.ihra.org.au](http://www.ihra.org.au)


 [@intersexaus](https://www.facebook.com/intersexaus)

 [@intersexaus](https://twitter.com/intersexaus)


IHRA is an independent support, education and policy-development organisation, run by and for people with intersex variations or traits. Its work focuses on human rights, bodily autonomy and self-determination, and on evidence-based, patient-directed healthcare.



## Inner City Legal Centre (ICLC)

 1800 244 481

 [iclc@iclc.org.au](mailto:iclc@iclc.org.au)

 Basement, Kings Cross Library, Neighbourhood Centre  
50-52 Darlinghurst Road, Kings Cross

 [www.iclc.org.au](http://www.iclc.org.au)

 [@innerscitylegal](https://www.facebook.com/innerscitylegal)

 [@iclc](https://twitter.com/iclc)

ICLC provides free legal advice for anyone who identifies as LGBTIQA+ in NSW. It can provide information and referral services as well as specialist legal services for gay and lesbian, transgender and intersex individuals. It also offers support for people experiencing domestic violence in same-sex relationships.

## Gay and Lesbian Rights Lobby

 [convenors@glrl.org.au](mailto:convenors@glrl.org.au)

 [www.glrl.org.au](http://www.glrl.org.au)

 [@nswglrl](https://www.facebook.com/nswglrl)

 [@NSWGLRL](https://twitter.com/NSWGLRL)

This longstanding lobby organisation fights to protect and promote the rights of lesbians, gay men, and their families living in NSW.

# Media



## Archer Magazine ●

 [info@archermagazine.com.au](mailto:info@archermagazine.com.au)

 [www.archermagazine.com.au](http://www.archermagazine.com.au)

 [@ArcherMagazine](https://www.facebook.com/ArcherMagazine)

 [@ArcherMagazine](https://twitter.com/ArcherMagazine)

 [@archermagazine](https://www.instagram.com/archermagazine)

Archer Magazine is an award-winning print publication about sexuality, gender and identity. It is published twice-yearly in Melbourne, Australia, with a focus on lesser-heard voices and the uniqueness of people's experiences.

## Curve Magazine ●

 [silke@curvemag.com](mailto:silke@curvemag.com)


 [www.curvemag.com](http://www.curvemag.com)

 [@curvemag](https://www.facebook.com/curvemag)

 [@TheRealCurve](https://twitter.com/TheRealCurve)

Curve Media has been supplying news and features globally to the lesbian, queer and bisexual community since 1989.

## QNews ●

 (07) 3852 5933

 [contact@qnews.com.au](mailto:contact@qnews.com.au)

 [www.qnews.com.au](http://www.qnews.com.au)

 [@QNewsMag](https://www.facebook.com/QNewsMag)

 [@qnews\\_media](https://twitter.com/qnews_media)

 [@qnmagazine](https://www.instagram.com/qnmagazine)

QNews is a Queensland-based media organisation covering the latest in local and national LGBTIQ current affairs, community issues, entertainment and more.

## Star Observer ●

 [www.starobserver.com.au](http://www.starobserver.com.au)

 [@StarObserver](https://www.facebook.com/StarObserver)

 [@star\\_observer](https://twitter.com/star_observer)

 [@starobserver](https://www.instagram.com/starobserver)

Star Observer has been setting Australia's LGBTIQ+ agenda since 1979, with a long and proud history of independent journalism. It has over 250,000 loyal readers who embrace its publications, which include a monthly national magazine and a popular news website. Publications include Star Observer, Gay Scene Guide and LUXE, across print and digital media.



# Professional Groups

## Fruits in Suits



9990 2209



[thebuzz@sglba.org.au](mailto:thebuzz@sglba.org.au)



414 Elizabeth Street, Surry Hills



[www.sglba.org.au/about-the-sglba](http://www.sglba.org.au/about-the-sglba)



[groups/fruitsinsuits](https://www.facebook.com/groups/fruitsinsuits)

'Fruits', as it is fondly known, has been running since 1996, and is the original of many so-named events in the Asia-Pacific. This monthly social networking event is held on the third Thursday of every month from 6pm to 9pm. Fruits in Suits is part of the Sydney Gay and Lesbian Business Association (SGLBA), which welcomes members of the LGBTIQ community and its allies to all its events.



Multicultural LGBTIQ+ Support Directory



## Out for Australia

 [ceo@outforaustralia.org](mailto:ceo@outforaustralia.org)

 [www.outforaustralia.org](http://www.outforaustralia.org)

 [@OutforAustralia](https://www.facebook.com/OutforAustralia)

 [@OutforAustralia](https://twitter.com/OutforAustralia)

 [@outforaustralia](https://www.instagram.com/outforaustralia)


Out for Australia's mission is to provide visible role models, mentors, content and targeted support to aspiring LGBTIQ professionals, and to strengthen the sense of community among professionals and students. Its vision is to create an Australia where every LGBTIQ student and aspiring professional is confident to be their authentic self in workplaces which celebrate diversity.

# Religious Groups



## Acceptance

 [info@gaycatholic.com.au](mailto:info@gaycatholic.com.au)


 Corner of Bedford and Station Streets, Newtown

 [www.gaycatholic.com.au](http://www.gaycatholic.com.au)


Acceptance Sydney meets on Friday nights for mass at St Joseph's Catholic Church in Newtown.

It is a faith community supporting LGBTQIA+ Catholics and their families and friends. Its mission is to affirm the authenticity and dignity of LGBTQIA+ Catholics in the church. It supports inclusion, diversity and respect, and provides a safe, spiritual and social environment to help reconcile faith and sexuality.

## CRAVE Metropolitan Community Church (MCC) ●●

 0425 220 635

 [admin@cravemcc.com](mailto:admin@cravemcc.com)

 395 Oxford Street, Paddington

 [www.cravemcc.com](http://www.cravemcc.com)

 [@CRAVEMCC](https://www.facebook.com/CRAVEMCC)

 [@CRAVEMCC](https://twitter.com/CRAVEMCC)

 [@cravemcc](https://www.instagram.com/cravemcc)


Crave MCC is an authentic, welcoming and inclusive community that believes everyone is worthy of the gospel. It also provides services such as food relief in Waterloo public housing and a ministry for those who desire freedom from addiction. Its service is held on Sundays at 3pm at Paddington Uniting Church Hall.

## Dayenu - Sydney's Jewish LGBTQIA+ Group

 0434 278 304


 [info@dayenu.org.au](mailto:info@dayenu.org.au)

 [www.dayenu.org.au](http://www.dayenu.org.au)


 [@dayenusydney](https://www.facebook.com/dayenusydney)

Dayenu exists to meet the needs of Jewish LGBTQIA+ people and their friends, families, partners and other supporters. It provides outreach through education, information, resources, social activities and other events.

## Leichhardt Uniting Church (LUC)

 9564 0808


 [contact@leichhardtuniting.org.au](mailto:contact@leichhardtuniting.org.au)

 3 Wetherill Street, Leichhardt

 [www.leichhardtuniting.org.au](http://www.leichhardtuniting.org.au)

LUC is a committed community of Jesus' followers where everyone is welcomed and greeted with the joy and love of God. It is a safe place for all those who seek the biblical connections between faith and justice. A list of welcoming and affirming Uniting Churches is available at [www.unitingnetworkaustralia.org.au/where-to-worship](http://www.unitingnetworkaustralia.org.au/where-to-worship)

## Metropolitan Community Church (MCC) Good Shepherd, Western Sydney

 0431 361 519

 [mccgoodshepherd3@gmail.com](mailto:mccgoodshepherd3@gmail.com)


 Granville Uniting Church,  
9 Carlton Street, Granville

 [www.mccgoodshepherd.com](http://www.mccgoodshepherd.com)

Good Shepherd Western Sydney is a Christian church founded in the gay community for all the community. It aims to reach people with the inclusive gospel of Jesus Christ, especially the gay, lesbian, bisexual and transgender community of the Western Region of Sydney and country NSW. Its service is held on Tuesdays at 7pm. All welcome.



## Metropolitan Community Church (MCC) Sydney

 9569 5122

 [office@mccsydney.org](mailto:office@mccsydney.org)

 96 Crystal Street, Petersham


 [www.mccsydney.org](http://www.mccsydney.org)

MCC Sydney is committed to teaching and learning more about the message of Christ, helping each other learn and grow with God, and spreading the gospel in a supportive manner. It has built a house of worship for the loud and proud, the lost, the lonely and the inquiring alike. It also caters to those who have felt alienated by other churches.



## Spark Church

@ [hello@sparkchurch.com.au](mailto:hello@sparkchurch.com.au)

 3 Bridges Community Centre,  
23 St Georges Road, Penshurst


 [www.sparkchurch.com.au](http://www.sparkchurch.com.au)

Spark is a church of love and affirmation, and welcomes people of diverse sexualities. It affirms all people as belonging, valued, beautiful and loved, no matter where they are in the journey of life. Service is held every second Sunday at 5pm.

## Sydney Queer Muslims

@ [info@sydneyqueermuslims.org.au](mailto:info@sydneyqueermuslims.org.au)

 [www.sydneyqueermuslims.org.au](http://www.sydneyqueermuslims.org.au)

 [@SydneyQueerMuslimsInc](https://www.facebook.com/SydneyQueerMuslimsInc)

Sydney Queer Muslims is a not-for-profit organisation led by members of the LGBT Muslim community. It provides a safe place for LGBT people of Muslim background to socialise and express their spiritual beliefs and also offers spiritual and emotional education about gender, sexuality and religion. It connects the LGBT Muslim community with mental, physical and spiritual health providers. It also provides resources and support to LGBT people of Muslim background and their family and friends to reconcile their orientation and religion.

# Sports and Recreation



## Sydney Gay and Lesbian Choir

 [choir@sglc.org](mailto:choir@sglc.org)

 [www.sglc.org](http://www.sglc.org)

 [@sglchoir](https://www.facebook.com/sglchoir)

 [@SGLChoir](https://twitter.com/SGLChoir)

 [@sglchoir](https://www.instagram.com/sglchoir)

Sydney Gay and Lesbian Choir is a non-auditioned choir which welcomes members regardless of their sexual identity or musical experience. The choir is open to all – lesbian, gay, bisexual, transgendered, intersex, queer, and straight allies. United by a love of singing together, and striving for performance excellence, the choir is a powerful symbol of diversity, inclusion and harmony. It has also maintained a vital and visible presence throughout the history of Sydney's LGBTIQA+ community.



## Team Sydney Sports



0411 151 195



[www.teamsydney.org.au](http://www.teamsydney.org.au)



[@TeamSydneySport](https://twitter.com/TeamSydneySport)

Team Sydney Sports connects clubs and communities through sport. It promotes sport, fitness and healthy lifestyles in Sydney's diverse community sports organisations. Team Sydney Sports' member organisations are non-discriminatory and welcome the participation of all sportspeople.





# Support Services



## ACON



9206 2000



[acon@acon.org.au](mailto:acon@acon.org.au)



414 Elizabeth Street, Surry Hills



[www.acon.org.au](http://www.acon.org.au)



[@aconhealth](https://www.facebook.com/aconhealth)



[@ACONhealth](https://twitter.com/ACONhealth)



[@aconnsw](https://www.instagram.com/aconnsw)

ACON is a health promotion organisation based in NSW, specialising in HIV prevention, HIV support, and the promotion of the lifelong health of LGBTIQ+ people and people with HIV. Its head office is in Sydney. It also has offices in key regional locations and provides services locally, state-wide and nationally. Some services include:

- LGBTIQ+ counselling (12 sessions).
- Substance support counselling (12 sessions).
- Substance support clinic.
- Support groups for LGBTIQ+ domestic violence (in partnership with Relationships Australia).
- Workplace inclusion training through Pride in Diversity programs.
- Free workshops for young gay men 18 to 26 years of age, including Start Making Sense – Arabic and Middle Eastern speaking backgrounds.
- General workshops for adult gay men.

## Advance Diversity Services



9597 5455



[info@advancediversity.org.au](mailto:info@advancediversity.org.au)



Suite 231, 7-11 The Avenue, Hurstville



[www.advancediversity.org.au](http://www.advancediversity.org.au)



[@advancediversityservices](https://www.facebook.com/advancediversityservices)

Advance Diversity Services (ADS) is a non-profit community organisation which has been providing support services to culturally and linguistically diverse (CALD) communities since 1981. Its focus is on supporting recent arrivals, families, older people, women, youth, people with disabilities and their carers living in the St George (Bayside and Georges River Councils) and Sutherland Shire areas. ADS provides the following services:

- Migrant and refugee settlement.
- Home help for older people.
- Social groups and respite for older people.
- NDIS support for people with disabilities.

ADS is committed to diversity and equity and supports migrants, refugees, asylum-seekers, stateless, and internally displaced people who identify as LGBTIQ+.

Its promise of welcome is genuine: 'You belong, we all belong. Be you with us.'

## PFLAG (Parents and Friends of Lesbians and Gays)



9294 1002



[info@pflagaustralia.org.au](mailto:info@pflagaustralia.org.au)



[www.pflagaustralia.org.au](http://www.pflagaustralia.org.au)



[@PflagSydney](https://www.facebook.com/PflagSydney)

PFLAG is a not-for-profit voluntary organisation whose members have a common goal of keeping families together. PFLAG is available to give help, support and information to families and friends of all gay people.

## Rainbow Families



0481 565 958



[info@rainbowfamilies.com.au](mailto:info@rainbowfamilies.com.au)



[www.rainbowfamilies.com.au](http://www.rainbowfamilies.com.au)



[@rainbowfamiliesAU](https://www.facebook.com/rainbowfamiliesAU)



[@RainbowFamAU](https://twitter.com/RainbowFamAU)




[@rainbowfamiliesnsw](https://www.instagram.com/rainbowfamiliesnsw)

Rainbow Families is the voice for and champion of LGBTIQ+ families and prospective parents in NSW. Its support network is run for the community by the community – volunteer-powered. It advocates for, empowers and celebrates the love and support that every individual is entitled to.

## Twenty10 incorporating GLCS NSW



 8594 9550 (Twenty10 Administration)

 8594 9555 (Intake and support)

 [info@twenty10.org.au](mailto:info@twenty10.org.au)

 Level 1, 45 Chippen Street, Chippendale

 [www.twenty10.org.au](http://www.twenty10.org.au)

 [@Twenty10incGLCNSW](https://www.facebook.com/Twenty10incGLCNSW)

 [@Twenty10](https://twitter.com/Twenty10)

 [@twenty10glcs](https://www.instagram.com/twenty10glcs)

This service works with people who are lesbian, gay, bisexual, transgender, gender diverse, non-binary, intersex, questioning, queer, asexual, and other people of diverse genders and sexualities, and their families and communities. It provides a broad range of specialised services for young people aged 12 to 25, including housing, mental health, counselling and social support.

Other services include:

- Out West (12 to 25 years of age).
- Monthly Dinner (20 to 28 years of age).
- Drop-In (12 to 25 years of age).
- Social Saturdays (over 18 years of age – no upper age limit).
- Women's Coming Out (18 years of age – no upper age limit).
- Men's Talking It Out (18 years of age – no upper age limit).



# Trans and Gender Diverse Services

## The Gender Centre INC



9519 7599



[reception@gendercentre.org.au](mailto:reception@gendercentre.org.au)



41-43 Parramatta Road, Annandale



[www.gendercentre.org.au](http://www.gendercentre.org.au)



[@GenderCentre](https://www.facebook.com/GenderCentre)



[@thegendercentre](https://twitter.com/thegendercentre)

The Gender Centre INC offers a wide range of services and activities, which enhance the ability of people with gender issues to make informed choices. Its services: enable people to explore gender identity and expression; assist with the alleviation of gender dysphoria; include services for young people of all ages; and provide support for partners, family members and friends.



Multicultural LGBTIQ+ Support Directory



## SQuAD

 [qdcommunitygroup@gmail.com](mailto:qdcommunitygroup@gmail.com)

 [groups/1700325056695955](https://www.facebook.com/groups/1700325056695955)

SQuAD is committed to ensuring the world caters to people who live with disabilities. Its role is to:

- Educate its members and others within and outside the queer community about what it is like to live with a disability and how this identity intersects with sexuality.
- Create a social support network, which helps people to overcome the social isolation they often encounter as a person living with a disability, and to provide a social space in which they feel included.
- Fulfil its obligations as an advocacy lobbying group through ensuring its own queer and non-queer events are accessible and that the queer community does its best to be as inclusive and as accessible as possible.

## TransHub

 [www.transhub.org.au](http://www.transhub.org.au)

 [@transhub\\_acon](https://www.instagram.com/transhub_acon)

TransHub is a digital information and resource platform for all trans and gender diverse (TGD) people in NSW and for their loved ones, allies and health providers. This platform is an initiative from ACON, NSW's leading health organisation specialising in community health, inclusion and HIV responses for people of diverse sexualities and genders.

# Youth Services



## Camp Out

 0467 697 325

 [info@campout.org.au](mailto:info@campout.org.au)

 [registrations@campout.org.au](mailto:registrations@campout.org.au)

 [www.campout.org.au](http://www.campout.org.au)

 [@campoutnsw](https://www.facebook.com/campoutnsw)

 [@campoutnsw](https://twitter.com/campoutnsw)

 [@campoutforever](https://www.instagram.com/campoutforever)

An annual camp based in NSW for LGBTIQ+, same-sex attracted, gender-diverse and questioning young people aged between 13 to 17. Camp Out offers the chance to attend an away-from-home camp in a supportive and safe place with people who share similar experiences, and to learn and express yourself in a fun environment.



## GLISTEN

 0410 452 323 or 9556 1769

 [connections@2connect.org.au](mailto:connections@2connect.org.au)

 [www.2connect.org.au](http://www.2connect.org.au)

 [www.kogarahcommunity.org.au](http://www.kogarahcommunity.org.au)

 [@2ConnectYouthCommunity](https://www.facebook.com/2ConnectYouthCommunity)

 [@yoursafespace](https://www.facebook.com/yoursafespace)

 [@glistenyouth](https://www.instagram.com/glistenyouth)

GLISTEN is a project run in partnership with 2Connect Youth & Community and Kogarah Community Services for same-sex attracted, gender diverse, and questioning young people LGBTIQA+ along with their allies in the St George, Bayside and Sutherland areas. GLISTEN runs support and social groups (for different age groups), which also offer movie afternoons, art, music, excursions, workshops and other activities. GLISTEN supports Wear It Purple Day, IDAHOBIT Day, and offers community education that addresses homophobia, biphobia, transphobia and discrimination.

Support and social groups meet monthly.

When: First Monday of the month: 4pm – 6pm

Where: Hurstville (near public transport)


18 to 25 years

When: Third Wednesday of the month: 4pm – 6pm

Where: Miranda (near public transport)

12 to 18 years

## head Out


 9393 9661

 [jennie.dang@flourishaustralia.org.au](mailto:jennie.dang@flourishaustralia.org.au)

 1/451-45 Rickard Road, Bankstown

head Out is a support group for young people from 16 to 25 years of age. The group runs movie nights, board game nights, and social events. It also occasionally invites guest speakers from LGBTIQ+ services to discuss LGBTIQ+ relevant topics. The group provides a safe space for like-minded young people to create connections and network with each other. This can also include advocacy at schools and the celebration of social events such as Wear It Purple Day, Mardi Gras, IDAHOBIT (International Day Against Homophobia, Biphobia, Intersexism and Transphobia) and Fair Day.

## Minus 18

 0478 098 540 - urgent requests

 [info@minus18.org.au](mailto:info@minus18.org.au)

 [www.minus18.org.au](http://www.minus18.org.au)

 [@minus18youth](https://www.facebook.com/minus18youth)

 [@minus18youth](https://twitter.com/minus18youth)


 [@minus18youth](https://www.instagram.com/minus18youth)

Minus 18 provides resources and advocacy for same-sex attracted, gender diverse, trans and non-binary young people. It also organises a Queer Formal in Sydney for 500 young people.

## SPARK

 9206 2000

 [youth@acon.org.au](mailto:youth@acon.org.au)

 414 Elizabeth street, Surry Hills

 [www.sparkonline.org.au](http://www.sparkonline.org.au)

 [@SPARKACON](https://www.facebook.com/SPARKACON)

This ACON-initiated project coordinates workshops and programs for young, same-sex attracted guys (cis and trans) aged 18 to 26 years old. Its free workshops provide a safe and inclusive space for young gay, bi and queer guys to connect with each other while covering topics including identity, sexuality, coming out, relationships, and HIV and sexual health information. Workshops include: Start Making Sense – Mandarin, and Start Making Sense – Middle Eastern and Arabic Background.



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