Epping Aquatic Centre Lap Lane Availability

Pool lane availability is subject to change & demand,

50m Pool



	please call the centre	Centre					
Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Time	17-January-2022	18-January-2022	19-January-2022	20-January-2022	21-January-2022	22-January-2022	23-January-2022
530	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
600	5	5	5	5	5	CLOSED	CLOSED
630	3	3	3	3	3	CLOSED	CLOSED
700	5	3	3	3	3	1	5
730	5	3	3	3	3	1	5
800	3	3	3	3	3	2	2
830	3	3	3	3	3	2	2
900	2	2	2	2	2	2	2
930	2	2	2	2	2	2	3
1000	2	2	2	2	2	3	3
1030	1	1	1	1	1	3	4
1100	2	2	2	2	2	4	4
1130	3	3	3	3	3	2	4
1200	3	3	3	3	3	2	4
1230	3	3	3	3	3	2	4
1245	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1300	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1330	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1400	4	4	4	4	2	4	4
1430	4	4	4	4	2	4	4
1500	4	4	4	4	2	4	4
1530	4	4	4	4	4	4	4
1600	2	2	2	2	2	4	4
1630	2	2	2	2	2	4	4
1700	2	2	2	2	2	4	4
1730	2	2	2	2	2	4	4
1800	2	2	2	2	2	4	4
1830	2	2	2	2	2	4	4
1845	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1900	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1915	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1930	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
2000	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Time	24-January-2022	25-January-2022	26-January-2022	27-January-2022	28-January-2022	29-January-2022	30-January-2022
530	CLOSED						
600	5	CLOSED	CLOSED	5	5	CLOSED	CLOSED
630	3	CLOSED	CLOSED	3	5	CLOSED	CLOSED
700	3	CLOSED	3	3	5	1	5
730	3	CLOSED	3	3	5	1	5
800	4	CLOSED	3	4	4	2	2
830	4	CLOSED	5	4	4	2	2
900	4	CLOSED	5	4	4	3	2
930	3	CLOSED	4	3	3	2	4
1000	3	CLOSED	4	3	3	4	4
1030	3	CLOSED	4	3	3	4	4
1100	2	CLOSED	3	2	2	4	4
1130	2	CLOSED	3	2	2	4	4
1200	3	CLOSED	3	3	3	4	4
1230	3	CLOSED	3	3	3	4	4
1245	CLOSED						
1300	CLOSED						
1330	CLOSED						
1400	4	CLOSED	4	4	4	4	4
1430	4	CLOSED	4	4	4	4	4
1500	4	CLOSED	4	4	4	4	4
1530	4	CLOSED	4	4	4	4	4
1600	4	CLOSED	4	4	4	4	4
1630	2	CLOSED	2	2	4	2	4
1700	2	CLOSED	2	2	4	2	4
1730	2	CLOSED	2	2	4	2	4
1800	4	CLOSED	4	4	4	4	4
1830	4	CLOSED	4	4	4	4	4
1845	CLOSED						
1900	CLOSED						
1915	CLOSED						
1930	CLOSED						
2000	CLOSED						

Epping Aquatic Centre Lap Swimming Etiquette



We ask that all visitors to Epping Aquatic centre observe the following guidelines for a safe and enjoyable swimming environment.

1. Please choose the lane most suitable for your swimming ability and stroke(s) you intend to swim during your visit. If you're unsure, please speak with one of our Lifeguards before you enter the pool. The following is a guidleine of lane suitability:

Slow Lane: Laps slower than 60 seconds.

Medium Lane: Laps slower than 45 seconds.

Fast Lane: Laps faster than 40 seconds.

These times are a guide only, the Lifeguards will monitor the lanes according to the abilitites of the swimmers and may request that you move to a more suitable lane.

- 2. Keep to the left of the lane.
- 3. In order to pass a swimmer in front, swim past on the right, above the lane on the bottom of the pool.
- 4. If you have to move across any lanes please check both directions before moving. Please go under the lane ropes rather than over them.
- 5. Move to the corners of the lanes to allow other swimmers to continue swimming laps if you are waiting at the end of the pool.