

Epping Aquatic Centre Lap Lane Availability

Pool lane availability is subject to change & demand,

50m Pool



please call the centre prior to visiting on 9806 5633

Day Time	Monday 20-Mar-23	Tuesday 21-Mar-23	Wednesday 22-Mar-23	Thursday 23-Mar-23	Friday 24-Mar-23	Saturday 25-Mar-23	Sunday 26-Mar-23
530	6	6	6	6	6	CLOSED	CLOSED
600	6	6	6	6	6	CLOSED	CLOSED
630	6	6	6	6	6	CLOSED	CLOSED
700	5	5	5	5	5	1	5
730	5	5	5	5	5	1	5
800	5	5	5	5	5	1	2
815	5	5	5	5	5	1	2
830	5	5	5	5	5	2	2
900	5	5	5	5	5	2	2
930	5	5	5	5	5	2	4
1000	5	5	5	5	5	3	4
1015	5	5	5	5	5	3	4
1030	5	5	5	5	5	4	4
1045	5	5	5	5	5	4	4
1100	5	5	5	5	5	4	4
1115	5	5	5	5	5	3	4
1130	5	5	5	5	5	3	4
1145	5	5	5	5	5	3	4
1200	5	5	5	5	5	3	4
1230	5	5	5	5	5	3	4
1245	5	5	5	5	5	4	4
1300	5	5	5	5	5	4	4
1330	5	5	5	5	5	4	4
1400	5	5	5	5	5	4	4
1430	5	5	5	5	5	4	4
1500	5	5	5	5	5	4	4
1530	5	5	5	5	5	4	4
1600	5	5	5	5	5	4	4
1615	5	4	5	5	5	4	4
1630	3	4	3	3	5	4	4
1645	2	4	3	3	5	4	4
1700	2	4	3	2	5	4	4
1715	3	4	3	2	5	4	4
1730	3	4	3	2	5	4	4
1745	2	5	3	2	4	4	4
1800	2	5	5	4	4	4	4
1815	5	4	5	5	4	4	4
1830	5	4	5	5	4	4	4
1845	5	5	5	5	5	CLOSED	CLOSED
1900	5	5	5	5	5	CLOSED	CLOSED
1930	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Epping Aquatic Centre Lap Swimming Etiquette



We ask that all visitors to Epping Aquatic centre observe the following guidelines for a safe and enjoyable swimming environment.

1. Please choose the lane most suitable for your swimming ability and stroke(s) you intend to swim during your visit. If you're unsure, please speak with one of our Lifeguards before you enter the pool. The following is a guideline of lane suitability:

Slow Lane: Laps slower than 50 seconds.

Medium Lane: Laps slower than 45 seconds.

Fast Lane: Laps faster than 40 seconds.

These times are a guide only, the Lifeguards will monitor the lanes according to the abilities of the swimmers and may request that you move to a more suitable lane.

2. Keep to the left of the lane.

3. In order to pass a swimmer in front, swim past on the right, above the black line on the bottom of the pool.

4. If you have to move across any lanes please check both directions before moving. Please go under the lane ropes rather than over them.

5. Move to the corners of the lanes to allow other swimmers to continue swimming laps if you are waiting at the end of the pool.

Epping Aquatic Centre Lap Lane Availability



Pool lane availability is subject to change & demand,

50m Pool

please call the centre prior to visiting on 9806 5633

Day Time	Monday 27-Mar-23	Tuesday 28-Mar-23	Wednesday 29-Mar-23	Thursday 30-Mar-23	Friday 31-Mar-23	Saturday 01-Apr-23	Sunday 02-Apr-23
530	6	6	6	6	6	CLOSED	CLOSED
600	6	6	6	6	6	CLOSED	CLOSED
630	6	6	6	6	6	CLOSED	CLOSED
700	5	5	5	5	5	5	5
730	5	5	5	5	5	5	5
800	5	5	5	5	5	5	2
815	5	5	5	5	5	4	2
830	5	5	5	5	5	4	2
900	5	5	5	5	5	4	2
930	5	5	5	5	5	4	4
1000	5	5	5	5	5	3	4
1015	5	5	5	5	5	3	4
1030	5	5	5	5	5	3	4
1045	5	5	5	5	5	3	4
1100	5	5	5	5	5	3	4
1115	5	5	5	5	5	3	4
1130	5	5	5	5	5	3	4
1145	5	5	5	5	5	3	4
1200	5	5	5	5	5	3	4
1230	5	5	5	5	5	3	4
1245	5	5	5	5	5	4	4
1300	5	5	5	5	5	4	4
1330	5	5	5	5	5	4	4
1400	5	5	5	5	5	4	4
1430	5	5	5	5	5	4	4
1500	5	5	5	5	5	4	4
1530	5	5	5	5	5	4	4
1600	5	5	5	5	5	4	4
1615	5	4	5	5	5	4	4
1630	3	4	3	3	5	4	4
1645	2	4	3	3	5	4	4
1700	2	4	3	2	5	4	4
1715	3	4	3	2	5	4	4
1730	3	4	3	2	5	4	4
1745	2	5	3	2	4	4	4
1800	2	5	5	4	4	4	4
1815	5	4	5	5	4	4	4
1830	5	4	5	5	4	4	4
1845	5	5	5	5	5	CLOSED	CLOSED
1900	5	5	5	5	5	CLOSED	CLOSED
1930	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Epping Aquatic Centre Lap Swimming Etiquette



We ask that all visitors to Epping Aquatic centre observe the following guidelines for a safe and enjoyable swimming environment.

1. Please choose the lane most suitable for your swimming ability and stroke(s) you intend to swim during your visit. If you're unsure, please speak with one of our Lifeguards before you enter the pool. The following is a guideline of lane suitability:

Slow Lane: Laps slower than 50 seconds.

Medium Lane: Laps slower than 45 seconds.

Fast Lane: Laps faster than 40 seconds.

These times are a guide only, the Lifeguards will monitor the lanes according to the abilities of the swimmers and may request that you move to a more suitable lane.

2. Keep to the left of the lane.

3. In order to pass a swimmer in front, swim past on the right, above the black line on the bottom of the pool.

4. If you have to move across any lanes please check both directions before moving. Please go under the lane ropes rather than over them.

5. Move to the corners of the lanes to allow other swimmers to continue swimming laps if you are waiting at the end of the pool.