

Epping Aquatic Centre Lap Lane Availability



Pool lane availability is subject to change & demand, please call the centre prior to visiting on 9806 5633

50m Pool

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Time	22/04/2024	23/04/2024	24/04/2024	25/04/2024	26/04/2024	27/04/2024	28/04/2024
530	5	5	5	CLOSED	5	CLOSED	CLOSED
600	5	5	5	CLOSED	5	CLOSED	CLOSED
630	5	5	5	CLOSED	5	CLOSED	CLOSED
700	5	5	5	5	5	5	5
730	5	5	5	5	5	5	5
800	5	5	5	5	5	5	2
830	5	5	5	5	5	5	2
900	5	5	5	5	5	5	2
930	5	5	5	5	5	5	5
1000	5	5	5	5	5	5	5
1030	5	5	5	5	5	5	5
1100	5	5	5	5	5	5	5
1130	5	5	5	5	5	5	5
1200	5	5	5	5	5	5	5
1230	5	5	5	5	5	5	5
1300	5	5	5	5	5	5	5
1330	5	5	5	5	5	5	5
1400	5	5	5	5	5	5	5
1430	5	5	5	5	5	5	5
1500	5	5	5	5	5	4	4
1530	5	5	5	5	5	4	4
1600	5	5	5	5	5	4	4
1630	5	5	5	5	5	4	4
1700	5	5	5	3	5	4	4
1730	5	5	5	3	5	4	4
1800	3	3	3	3	3	4	4
1830	3	3	3	5	3	5	5
1900	3	3	3	CLOSED	3	CLOSED	CLOSED
1930	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
2000	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Epping Aquatic Centre Lap Swimming Etiquette



We ask that all visitors to Epping Aquatic centre observe the following guidelines for a safe and enjoyable swimming environment.

1. Please choose the lane most suitable for your swimming ability and stroke(s) you intend to swim during your visit. If you're unsure, please speak with one of our Lifeguards before you enter the pool. The following is a guideline of lane suitability:

Slow Lane: Laps slower than 60 seconds.

Medium Lane: Laps slower than 45 seconds.

Fast Lane: Laps faster than 40 seconds.

These times are a guide only, the Lifeguards will monitor the lanes according to the abilities of the swimmers and may request that you move to a more suitable lane.

2. Keep to the left of the lane.

3. In order to pass a swimmer in front, swim past on the right, above the lane on the bottom of the pool.

4. If you have to move across any lanes please check both directions before moving. Please go under the lane ropes rather than over them.

5. Move to the corners of the lanes to allow other swimmers to continue swimming laps if you are waiting at the end of the pool.