

Macarthur Girls High School Pool Lap Lane

25m Pool



Availability

Pool lane availability is subject to change & demand,  
please call the centre prior to visiting on 9806 5700

Please note: Recreational Swimming is not available at this site.

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Time	16-November-2020	17-November-2020	18-November-2020	19-November-2020	20-November-2020	21-November-2020	22-November-2020
530	6	6	6	6	6	CLOSED	CLOSED
600	6	6	6	6	6	CLOSED	CLOSED
615	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
630	6	6	6	6	6	CLOSED	CLOSED
700	6	6	6	6	6	CLOSED	CLOSED
715	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
730	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
800	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
830	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
845	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
900	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
930	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
945	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1000	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1030	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1045	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1100	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1130	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1145	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1200	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1230	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1245	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1300	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1330	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1345	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1400	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1430	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1445	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1500	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1530	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1545	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1600	5	5	5	4	6	CLOSED	CLOSED
1630	5	5	5	4	6	CLOSED	CLOSED
1645	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1700	5	5	5	4	6	CLOSED	CLOSED
1730	5	5	5	4	6	CLOSED	CLOSED
1745	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1800	5	5	5	4	6	CLOSED	CLOSED
1830	5	5	5	4	6	CLOSED	CLOSED
1845	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1900	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Day	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Time	23-November-2020	24-November-2020	25-November-2020	26-November-2020	27-November-2020	28-November-2020	29-November-2020
530	6	6	6	6	6	CLOSED	CLOSED
600	6	6	6	6	6	CLOSED	CLOSED
615	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
630	6	6	6	6	6	CLOSED	CLOSED
700	6	6	6	6	6	CLOSED	CLOSED
715	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
730	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
800	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
830	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
845	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
900	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
930	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
945	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1000	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1030	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1045	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1100	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1130	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1145	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1200	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1230	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	4	4
1245	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1300	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1330	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1345	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1400	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1430	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1445	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1500	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1530	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	6	6
1545	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1600	5	5	5	4	6	CLOSED	CLOSED
1630	5	5	5	4	6	CLOSED	CLOSED
1645	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1700	5	5	5	4	6	CLOSED	CLOSED
1730	5	5	5	4	6	CLOSED	CLOSED
1745	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1800	5	5	5	4	6	CLOSED	CLOSED
1830	5	5	5	4	6	CLOSED	CLOSED
1845	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
1900	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

Macarthur Girls High School Pool Lap Swimming Etiquette



We ask that all visitors to Macarthur Girls High School Pool observe the following guidelines for a safe and enjoyable swimming environment.

1. Please choose the lane most suitable for your swimming ability and stroke(s) you intend to swim during your visit. If you're unsure, please speak with one of our Lifeguards before you enter the pool. The following is a guideline of lane suitability:

**Slow Lane:** Laps slower than 60 seconds.

**Medium Lane:** Laps slower than 45 seconds.

**Fast Lane:** Laps faster than 40 seconds.

These times are a guide only, the Lifeguards will monitor the lanes according to the abilities of the swimmers and may request that you move to a more suitable lane.

2. Keep to the left of the lane .

3. In order to pass a swimmer in front, swim past on the right, above the lane on the bottom of the pool.

4. If you have to move across any lanes please check both directions before moving. Please go under the lane ropes rather than over them.

5. Move to the corners of the lanes to allow other swimmers to continue swimming laps if you are waiting at the end of the pool