

Neighbour Calling Card - Can I help you?

Hello neighbour! If you are isolating or need support due to COVID-19, I am ready to help.

My name is

I live nearby at

My phone number is

I can help with:

- | | |
|--|--|
| <input type="checkbox"/> Picking up groceries & essential items (medicine) | <input type="checkbox"/> Collecting and posting mail |
| <input type="checkbox"/> Watering gardens and plants | <input type="checkbox"/> Putting out bins |
| <input type="checkbox"/> A friendly phone call | <input type="checkbox"/> Walking the dog |
| <input type="checkbox"/> Or | <input type="text"/> |

Just call, text, or leave a note and I will do my best to help. Please remember, COVID-19 is a serious, contagious disease. Please take all necessary steps to protect yourself and others, and follow government advice. Items will be left on doorsteps, doorhandles, and letter boxes—wherever is safest and works best for you.

cityofparramatta.co/help-a-neighbour

Adapted from Red Cross Neighbour Card

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